

Health and Happiness: *A Path Through Islam*

MASTUL Foundation organized a seminar titled "**Healthy Life with Islam**" to explore the connection between faith and well-being. Esteemed speakers highlighted how principles from the Quran guide us toward maintaining good health. Discussions focused on adopting sunnah-inspired habits, balanced nutrition, and physical well-being rooted in Islamic values.



Sadaqah Jariyah: *Spreading Blessings with Clean Water & Mosques*

MASTUL Foundation, with the support of Al Zakat Sadaqa Foundation, has taken impactful steps to serve rural communities. Through the installation of tube wells, they are ensuring access to clean and safe drinking water for all. Additionally, the construction of mosques provides a sacred space for village residents to gather and pray.





Empowering Lives Through the Zakat Empowerment Program

MASTUL Foundation remains dedicated to empowering unemployed individuals, helping them become self-sufficient and independent. Through the Zakat Empowerment Program, participants receive vital support, skills training, and resources to build sustainable livelihoods. This initiative offers renewed hope for a brighter future, enabling people to break free from poverty. MASTUL Foundation continues to inspire positive change, fostering resilience and long-term growth within communities.



Spreading Warmth:

Winter Blanket and Sweater Distribution

Like every year, MASTUL Foundation extended a helping hand this winter by distributing warm blankets and sweaters to those in need. This initiative aimed to protect vulnerable communities from the harsh cold and bring comfort during the chilly season. Through this act of kindness, MASTUL Foundation continues to spread warmth and compassion, ensuring that no one faces the winter alone.

